



# Dehydration



DE = no    HYDRO = water    DE-HYDRO = No-Water

How much water does an average horse need per day? \_\_\_\_\_



What is Dehydration? Loss of \_\_\_\_\_ in the body through sweating. Sweat is made up of \_\_\_\_\_ and \_\_\_\_\_. Lose too much and get \_\_\_\_\_. Lose the minerals, muscles can \_\_\_\_\_. Can cause death.

How does it happen? Not drinking enough \_\_\_\_\_. (especially in high \_\_\_\_\_ & more than normal work)



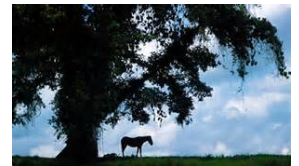
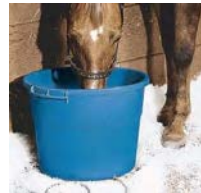
How to tell? Pinch test – 2-3 \_\_\_\_\_ – horse is dehydrated



What to do? Get him out of the \_\_\_\_\_, offer fresh \_\_\_\_\_.

If he is hot, walk him in the \_\_\_\_\_ & give sips of \_\_\_\_\_.

Once breathing back to normal, put in front of \_\_\_\_\_ bucket.



When to call for help? Pinch test more than \_\_\_\_\_ seconds,

Head down, back end stretched out, standing on toes, panting .



Prevention? > **NEVER** let the water bucket be \_\_\_\_\_ !!

> Have a \_\_\_\_\_ block available

> Offer \_\_\_\_\_ throughout the day while riding.